

JIM PUETZ MEMORIAL TRACK MEET
PAWNEE PARK TRACK - COLUMBUS, NE
Tuesday, April 1, 2025
2:00 p.m.

INSTRUCTIONS

1. Send entry fee of \$100.00 per school to Merlin Lahm, % Scotus Central Catholic, 1554 18th Avenue, Columbus, NE 68601.
2. No team scoring. Medals for 1st-4th in individual events; 1st-3rd in relays.
3. One session meet only; no prelims in sprint and hurdle races.
4. Shot put and discus rings are concrete; the track and runway are all-weather. Use 1/8" spikes only.
5. There will be 4 trials in the jumps and throws (2-2 in throws). All jumps and throws are finals.
6. Three entries per individual events and one team entry for each relay race.
7. Boys' running events will follow girls
8. **NO FOOD OR DRINK** (water only) is allowed on the track or football field – especially sunflower seeds.
9. Please submit entries on the Bound website. Entries should be open now.

SCHEDULE OF EVENTS
Single Session, all events finals

Field Events

- 2:00 p.m. Boys – High Jump, Pole Vault, Shot Put, Long Jump (4 trials in throws and jumps)
- Girls – Long Jump, Discus, High Jump, Pole Vault (4 trials in throws and jumps)
- Boys – Discus (follows shot put), Triple Jump (follows long jump)
- Girls – Shot Put (follows discus), Triple Jump (follows long jump)

Running Events (all events finals against time)

- 3:30 p.m. 3200 meter Relay
- Girls – 100 meter Hurdles
- Boys – 110 meter Hurdles
- 100 meters
- 1600 meters
- 400 meter Relay
- 400 meters
- 300 meter Hurdles
- 800 meters
- 200 meters
- 3200 meters
- 1600 meter Relay